

ECB Cricket Young Leaders Award

Aim:

- Raise cricket profile within a Young Leadership role
- Inspire Young Leaders to get actively involved with cricket
- Help provide additional support for KWIK cricket tournaments
- To help develop generic leaderships skills in a cricket context
- Identify potential pathways for Young Leaders in cricket

Target audience

- Age 14 – 18 years

This may include:

- Students at specialist sports colleges and secondary schools to enable them to work with younger age group students
- Young people assisting with local cricket activities as a volunteer

Course structure

- 6 hours – this may be delivered as 1 x6, 2x3, 3x2 hours sessions
- Can be run as an independent bolt on to Sports Leaders UK Award in Community Sports Leadership and Sports Leaders UK Award in Junior Sports Leadership

Note: The course consists of practical sessions and short theory sessions that may be run in a safe area of a sports hall / sports pitch.

Resources

Candidate:

- ECB Young Leader workbook
- ECB water bottle
- KWIK Cricket pack
- Code of conduct
- Certificate of attendance
- 'Get Involved' certificate (if 10 volunteer hours are completed)

Tutor:

- Course guidance notes
- DVD (available Summer 2007)
- PPT
- Candidate workbook that contains course task cards

Venue

The course may be delivered within a school, college or club environment, must have an indoor and outdoor facility available.

Overview

Module 1

This module will help the young leader to:

- Describe the role of an ECB Cricket Young Leader
- Differentiate between how-to-coach and what-to-coach skills
- Assess and minimise risk when running a coaching session
- Build rapport/ relationships
- Set up and organise safe activities / practices
- Explain the principles of warm-ups and cool downs
- Provide explanations and organise groups
- Provide technically correct demonstrations
- Reflect on coaching practice

What-to-coach skills:

- Introduction to coaching activities / games:
- Pass and move
- Relay catching
- Dodge ball
- Close catching / high catching
- Over arm throw
- Basic batting
- Basic bowling

How-to-coach skills:

- Provide instructions and explanations
- Provide demonstration
- Organise
- Warm-up and cool-down
- Establish and maintain a fun and safe environment

Module 2

This module will help the young leader to:

- Introduce modified games
- Adapt games to individuals
- Set a good learning climate
- Identify ways to manage groups with different abilities
- Teach and reinforce fair play and positive behaviour
- Identify a range of coaching styles to promote learning
- Manage behaviour / establish control (setting the climate)
- Reflect on coaching practice
- Encourage and reward positive behaviour

What-to-coach skills:

Modified Games:-

- Continuous/ non stop cricket
- Quick runs and safe catching
- Pairs Cricket

How-to-coach skills:

- Build rapport / relationships
- Keep it safe
- Make it fun
- Organise
- Adapt sessions to individuals

Get Involved Certificate:

- Once a candidate has completed 10 hours of voluntary time the individual can choose to fill in the application form (within workbook) and send to Coach Education office at Edgbaston, where upon a their details will be logged onto the Coaches Database and a "Get Involved" special certificate will be issued directly to candidate.

Funding Implications

- £15 registration fee per candidate to cover administration costs and certification of course
- Tutor fee to be agreed by individual counties
- Sports hall or school facility to be provided free of charge by school, club or local authority
- Recommended a maximum number of 16 pupils to attend the course

Tutors

- Tutors are required to be a qualified coach at Level 2 or above and have attended the ECB Tutor training course

Tutor Equipment:

- KWIK cricket sets
- Tennis balls
- Stumps
- Sponge balls for dodge ball
- Cones
- Chalk
- Laptop and projector
- DVD player

Candidate equipment:

- Appropriate sports wear (clothing and footwear)
- Pen / pencil

Certification

All candidates that have attended the course will be presented with a certificate of attendance. A further certificate can be awarded if the Young Leader completes 10 hrs of voluntary work e.g. assists at a Kwik cricket tournament, gets involved in a local club (scoring, umpiring)

Additional guidance for candidates wishing to apply for the certificate is in the candidate workbook. The voluntary hours certificate can then be used for evidence in logging volunteer hours for a range of volunteer and sports leadership awards.

Pathway

After completing the course it is recommended that the Young Leaders get actively involved with a local cricket club. If the Young Leader wishes to coach they should be encouraged to attend either the Level 1 Certificate in Coaching Cricket (ECB Coaching Assistant) or the Level 2 Certificate in Coaching Cricket (ECB Coach) depending on the ability of the individual. As CRB and GPCP are pre requisites for both these coach education courses, certification would ensure that they have been completed.

If the Young Leader wishes to assist in managing a team, umpire or be involved in any other role within a cricket club it is recommended that they are directly supervised and that the club take responsibility for ensuring that the Young Leader attends a GPCP course and are CRB cleared.

Young Leaders should not be left to run activities unsupervised without obtaining additional and appropriate qualifications. The Young Leaders must not be included in any club's calculations relating to supervising children.